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Direct transoral reduction of anteriorly displaced type II odontoid fracture during anterior odontoid screw fixation: Review of literature

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Abstract

Background: The anteriorly displaced type II odontoid fracture is treated either conservatively by halo-vest brace immobilization or surgically by posterior atlantoaxial fusion. Anterior odontoid screw fixation is not advised for this pattern of odontoid fracture because of the difficult trajectory for screw insertion despite its advantage of salvaging the upper cervical spine rotatory range of movement. This article presents a new transoral manipulation technique for reduction of anteriorly displaced type II odontoid fracture and review of the literature.

Methods: A 24-year-old man presented 2 weeks after a motor vehicle accident with anteriorly displaced type II odontoid fracture. Intraoperatively, after unsuccessful attempts to reduce the anteriorly displaced type II odontoid fracture, complete reduction of the odontoid process and proper screw placement were achieved by direct transoral manipulation with an army-navy hand retractor. Additional manual pressure on the spinous process of the cervical spine at the same time has resulted in better reduction. The patient was followed up neurologically and radiologically to assess the reduction and healing of the odontoid fracture.

Results: Postoperatively, the patient was neurologically intact, and his computed tomography cervical spine scan showed proper placement of the odontoid screw with adequate reduction of the odontoid process. At the 3-month follow-up, the patient was neurologically intact and had painless full range of cervical spine movement, and his computed tomography cervical spine scan showed a well-healed odontoid fracture.

Conclusions: Direct transoral manipulation with an army-navy hand retractor can be used to assist in reducing the anteriorly displaced type II odontoid fracture during anterior odontoid screw fixation.

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Keywords: Displaced; Fixation; Fracture; Manipulation; Odontoid; Transoral
transverse ligament disruption; fracture nonunion; and irreducible displaced odontoid fracture.

This article presents a new transoral manipulation technique for reduction of an anteriorly displaced type II odontoid fracture during anterior odontoid screw fixation.

Methods

A 24-year-old male patient presented with type II odontoid fracture, due to a motor vehicle accident 2 weeks earlier. He had severe neck pain on admission without neurologic deficits. A computed tomography (CT) scan of his cervical spine showed a type II anteriorly displaced (6.2 mm) odontoid fracture (Fig. 1).

The surgical options were discussed with the patient, and we decided to perform the anterior odontoid screw fixation procedure to treat the unstable odontoid fracture.

With the patient under general anesthesia by use of Fiberoptic intubation with somatosensory evoked potential and electromyography monitoring, a Mayfield 3-pin head holder was applied to secure the head. A radiolucent mouth block was used to keep the mouth open to provide an anteroposterior view of the odontoid process. A bi-planar fluoroscope was brought into position, and closed reduction under fluoroscopic guidance was attempted by use of combinations of distraction with flexion or extension without success. After the standard exposure for odontoid screw placement had been performed, the anteriorly displaced odontoid fracture remained misaligned. At that point, under lateral fluoroscopic imaging, the blade of an army-navy hand retractor (25 mm) was introduced into the oropharynx, with exertion of continuous pressure directly applied over the posterior pharyngeal wall and anterior to the arch of the atlas, resulting in nearly anatomic reduction of the displaced odontoid fracture. Additional pressure on the spinous process of the cervical spine in the back of the neck at the same time has resulted in better reduction. While pressure was applied on the odontoid process, the guidewire passed through the C2 body, crossing the fracture site, followed by insertion of a lag, partially threaded cannulated odontoid screw (4.0 × 36 mm). The surgeon was ready to remove the guidewire once the reduction was achieved and the odontoid screw passed the fracture site to avoid guidewire breakage (Fig. 2). The screw appeared to be holding satisfactorily
when the neck was gently placed through a range of flexion and extension under fluoroscopy.

Results

The patient’s postoperative course was uneventful with no neurologic deficits or dysphagia from the oropharyngeal manipulation. The CT cervical spine scan showed proper placement of the odontoid screw into the body of C2 with adequate reduction (2.3 mm) of the odontoid process (Fig. 3).

At the 3-month follow-up, the patient is neurologically intact and has full range of cervical spine movement without pain, and the CT cervical spine scan showed a well-healed odontoid fracture (Fig. 4).

Discussion

Anatomic reduction of the fractured odontoid process is imperative before one attempts the anterior odontoid screw...
There are different transoral manipulation techniques for reduction of displaced type II odontoid fractures described in the literature (Table 1). Elias et al.\textsuperscript{11} reported that transoral digital manipulation could reduce the anteriorly displaced type II odontoid fracture to aid in screw fixation. Piedra et al.\textsuperscript{12} used the same technique of closed transoral manipulation to aid in screw fixation. However, the transoral digital reduction of locked-type II odontoid fracture with posterior cervical manipulation may occur.

In the presented technique, the use of an army-navy hand retractor has clear advantages including minimal radiation exposure, good fluoroscopic visualization, less trauma to the oropharyngeal wall, and proper handling with better force control in reducing the anteriorly displaced type II odontoid fracture. Additional pressure on the cervical spinous process in the back of the neck has resulted in better reduction.

**Conclusions**

We found that direct transoral manipulation with an army-navy hand retractor can be used to assist in reducing the anteriorly displaced type II odontoid fracture during anterior odontoid screw fixation.

**References**