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Evaluating Trends and Outcomes of Spinal Deformity Surgery in Cerebral Palsy Patients

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ABSTRACT

Background: There is a paucity of literature examining surgical trends and outcomes in both child and adult cerebral palsy (CP) patients. We aimed to evaluate surgical trends, complications, length of stay, and charges for spinal deformity surgery in CP patients.

Methods: Using the Nationwide Inpatient Sample (NIS) from 2001 to 2013, patients with CP scoliosis who underwent spinal fusion surgery were identified. Patient characteristics and comorbidities were recorded. Trends in spinal fusion approaches were grouped as anterior (ASF), posterior (PSF), or combined anterior-posterior (ASF/PSF). Complication rates, length of stay, and charges for each approach were analyzed. Bivariate analyses using adjusted Wald tests and multivariate analyses using linear (logarithmic transformation) and logistic regressions were performed.

Results: Of the 5191 adult CP patients who underwent spinal fusion the majority underwent PSF (86.5%), followed by the ASF/PSF approach (9.3%). The rate of PSF for cerebral palsy patients with spinal deformity increased significantly per 1 million people in the US population (0.90 to 1.30; $P = .048$). Complication rate, hospital length of stay, and charges were higher for patients undergoing ASF/PSF ($P < .05$). The overall complication rate for all surgical approaches was 25.7%. Patient comorbidities and combined ASF/PSF increased the odds of complication. Combined ASF/PSF was also associated with an increased length of stay and charges.

Conclusion: Combined ASF/PSF in patients with CP accounted for only 9.3% of surgical cases but was associated with the longest hospital stay, highest charges, and increased complications. Further scrutiny of the surgical indications and preoperative risk stratification should be undertaken to minimize complications, reduce length of stay, and decrease charges for CP patients undergoing spinal fusion.

Level of Evidence: IV

Complications

Keywords: Nationwide Inpatient Sample (NIS), spinal deformity, cerebral palsy, trends, complications, hospital charges, length of stay

INTRODUCTION

Surgical correction of scoliosis for patients with cerebral palsy (CP) scoliosis, a form of neuromuscular scoliosis, is associated with increased morbidity in comparison with idiopathic scoliosis.^{1–5} Anterior spinal fusion (ASF) for treatment of spinal deformity, with or without a posterior spinal fusion (PSF) approach, is also associated with high complication rates.^{1,6,7}

Recent use of pedicle screw instrumentation allows for 3-column fixation via a posterior-only surgical approach. Multiple studies have demonstrated acceptable correction of scoliosis deformity in patients with neuromuscular scoliosis using an all-posterior surgical approach, including patients with large and rigid curves.^{8–10} The addition of an

anterior approach, particularly with 3-column pedicle screw fixation, is reserved for patients with very stiff or rigid spinal curves, young patients at risk for crankshaft phenomenon, patients with dysplastic posterior elements, and large spinal curves requiring anterior release or shortening of the anterior column to achieve the deformity correction goals.

To date, a number of studies have compared the outcomes and morbidities associated with single-stage surgery, combined anterior and posterior spinal fusion (combined ASF/PSF) surgery, and staged ASF and PSF surgery in younger patients with neuromuscular scoliosis.^{11–14} However, there is a paucity of literature reporting a comparison of the complication rates, discharge destination, charges,

and length of hospital stay for all patients, including adults, with CP undergoing ASF versus PSF versus combined ASF/PSF. In the current CP literature for all age ranges, Tsirikos et al⁹ reported increased duration of intensive care unit stays and length of hospitalization for patients with CP undergoing ASF/PSF versus patients undergoing PSF for spinal deformity. However, the study did not report on the outcomes for patients undergoing ASF, which is important given the added aorta-related risk associated with anterior spinal surgical correction of scoliosis.¹⁵

A more robust analysis of all surgical spinal fusion approaches used to address spinal deformity in all CP patients—not just young CP patients—is warranted in order for surgeons to have a better understanding of what factors drive poor outcomes so that preoperative optimization can occur, and frank risk-benefit shared decision-making discussions can be had. Thus, this study aims to evaluate trends in spinal fusion surgery and associated complication rates, hospital charges, and length of stay for all patients with CP undergoing corrective spinal fusion surgery.

MATERIALS AND METHODS

Data Source

Developed for the Healthcare Cost and Utilization Project under the auspice of the Agency for Healthcare Research and Quality, the Nationwide Inpatient Sample (NIS) is the largest all-payer inpatient healthcare database in the United States.¹⁶ Each year's dataset contains more than 7 million hospital stays (20% national cross-sectional sample), and when weighted using validated measures, can estimate more than 35 million hospitalizations nationally.¹⁶ All variables (eg, US hospital region) used were defined by NIS.¹⁶ The data is publicly available and deidentified; thus, institutional review board approval is not required for its use in this study.

Study Cohort

The study period of interest was from 2001 to 2013. Using *International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM)* diagnosis and procedure codes, patients with CP undergoing spinal fusion surgery were identified in the following manner. Patients were considered for inclusion and were identified as having CP using the

ICD-9-CM code: 343.9. Patients with confirmed CP were then queried to determine which patients underwent spinal fusion surgery (ICD-9-CM procedure codes: 81.04 to 81.09). The study sample was then refined further by retaining only discharges with Medical Severity–Diagnosis Related Groups between 453 and 460 or 496 and 498¹⁷ and those patients with the Healthcare Cost and Utilization Project's Clinical Classification Software for Procedures of 158.

In total, 1091 patients met our study inclusion criteria. Surgical approach was grouped as ASF, PSF, or combined ASF/PSF. The sample was then weighted using validated NIS discharge weights to estimate a national sample. The final sample used for all analyses consisted of 5191 patients with CP who underwent spinal fusion surgery from 2001 to 2013.

Statistical Analysis

The weighted number of patients undergoing each surgical approach was recorded for each year. The weighted value was then divided by the US population, as determined by the US Census,¹⁸ to determine the number of surgeries per 1 million people. Linear regression analysis was used to evaluate if there was any significant change in the number of procedures per 1 million people from 2001 to 2013.

Baseline descriptive statistics were calculated and compared between CP patients undergoing anterior, posterior, or combined spinal fusion surgical approaches prior to surgery using adjusted Wald tests. The variables compared were age, sex, race, comorbidities (paralysis, neurological disorders, fluid and electrolyte disorders, chronic pulmonary disease, iron-deficiency anemia), payor, hospital bed-size, hospital location and teaching status, hospital region, and hospital control. For the following variables, the percentage of the patient sample in each was compared across the different surgical approaches: age (less than 21 years versus at or above 21 years), women, white, use of government insurance (Medicare or Medicaid), large hospital bed-size, urban teaching hospital, southern region of the United States, and private hospital control.

In addition, outcomes were calculated and compared between CP patients undergoing anterior, posterior, or combined spinal fusion surgical approaches prior to surgery using adjusted Wald

Table 1. Rates of spinal deformity surgery by approach on patients with cerebral palsy per 1 million in the US population, 2001 to 2013. Data are presented as mean (range).

Year	ASF	PSF	ASF/PSF
2001	0.017 (−0.017 to 0.053)	0.90 (0.54-1.26)	0.17 (0.042-0.29)
2002	0.13 (0.038-0.21)	0.89 (0.48-1.29)	0.40 (0.097-0.70)
2003	0.052 (−0.0072-0.11)	0.80 (0.46-1.14)	0.19 (0.076-0.30)
2004	0.018 (−0.017-0.051)	1.05 (0.65-1.45)	0.092 (0.018-0.17)
2005	0.12 (0.017-0.21)	1.41 (0.83-2.01)	0.19 (0.068-0.31)
2006	0.074 (0.0087-0.14)	1.05 (0.62-1.47)	0.034 (−0.013 to 0.080)
2007	0.016 (−0.015 to 0.046)	1.34 (0.74-1.93)	0.093 (0.0053-0.18)
2008	0.076 (−0.0031 to 0.16)	0.98 (0.61-1.35)	0.072 (0.0085-0.14)
2009	0.049 (−0.0069 to 0.10)	1.27 (0.66-1.88)	0.085 (0.010-0.16)
2010	0.045 (−0.0065 to 0.10)	1.35 (0.87-1.84)	0.11 (0.028-0.19)
2011	0.061 (0.0018-0.12)	1.25 (0.72-1.78)	0.029 (−0.011 to 0.067)
2012	0.064 (0.0011-0.13)	1.27 (0.96-1.58)	0.064 (0.0038-0.12)
2013	0.016 (−0.015 to 0.047)	1.30 (1.02-1.57)	0.11 (0.028-0.19)
Raw total (weighted)	217	4490	484
P value, trend	.941	.048	.349

ASF indicates anterior spinal fusion; PSF, posterior spinal fusion; ASF/PSF, combined ASF and PSF.

tests. For the following outcome variables, the percentage of the patient sample in each was compared across the different surgical approaches: at least one complication, at least one pulmonary complication, discharge to home, and complications (cardiac, neurologic, durotomy, gastrointestinal, renal, venous thromboembolism, wound). The mean lengths of stay (days) and hospitalization charges (adjusted to 2013 dollars) were also compared across surgical approaches.

Multivariate logistic regression analysis was conducted to determine which patient, hospital, and systems-based factors were independently associated with complications, while a linear multivariate regression with logarithmic transformation was conducted to determine which patient, hospital, and systems-based factors were independently associated with hospital length of stay and hospitalization charges. Complications were a categorical outcome reported as “yes/no.” Both the length of stay and charges per stay were continuous outcome variables with length of stay reported in days and charges per stay reported in 2013 dollars.

For all analyses, significance was set at $P < .05$ a priori.

RESULTS

From 2001 to 2013, the number of CP patients undergoing a PSF per 1 million people in the US population significantly increased from 0.90 to 1.30 ($P = .048$) (Table 1). There was no change in the number of CP patients undergoing a combined ASF/PSF ($P = .349$) or ASF ($P = .941$). A visual representation of the surgical trends from 2001 to 2013 for all approaches can be seen in Figure 1.

Of the 5191 patients meeting our inclusion criteria, a majority were women (52%) and white (52%), and just under three-quarters of all patients were younger than 21 years of age (73%) (Table 2). A PSF was the most common surgery (87%). Those undergoing an ASF were significantly older than patients undergoing a PSF or combined ASF/PSF (anterior: 31 years versus posterior: 22 years versus combined: 23 years; $P < .01$). In addition, a significantly higher percentage of patients undergoing a combined ASF/PSF had paralysis, as defined by the NIS database (combined: 100% versus anterior: 98% versus posterior: 97%; $P < .01$) and fluid and electrolyte disorders (combined: 18 % versus posterior: 14% versus anterior: 4.3%; $P < .01$) comorbidities. Patients undergoing surgery at urban teaching hospitals were more likely to undergo a PSF (posterior: 88% versus combined: 81% versus anterior: 68%; $P = .01$).

Patients undergoing a combined ASF/PSF had the highest rate of at least 1 complication (38%, 95% confidence interval [CI]: 30-47; $p < 0.01$) (Table 3). Additionally, the combined ASF/PSF had the highest average length of stay (12 days, 95% CI: 9.8-14; $P < .01$) and hospitalization charges (\$80,373, 95% CI: \$67,255 - \$93,492; $P = .02$). Complications varied by surgical approach, with cardiac complications being more common in PSF and durotomy, renal, and venous thromboembolism complications being more common when a combined ASF/PSF was used.

Using multivariate logistic regression analysis, a combined ASF/PSF (odds ratio [OR]: 2.85, 95% CI: 1.01-8.03), iron deficiency anemia (OR: 1.61, 95% CI: 1.01-2.59), coagulation disorder (OR: 3.43, 95%

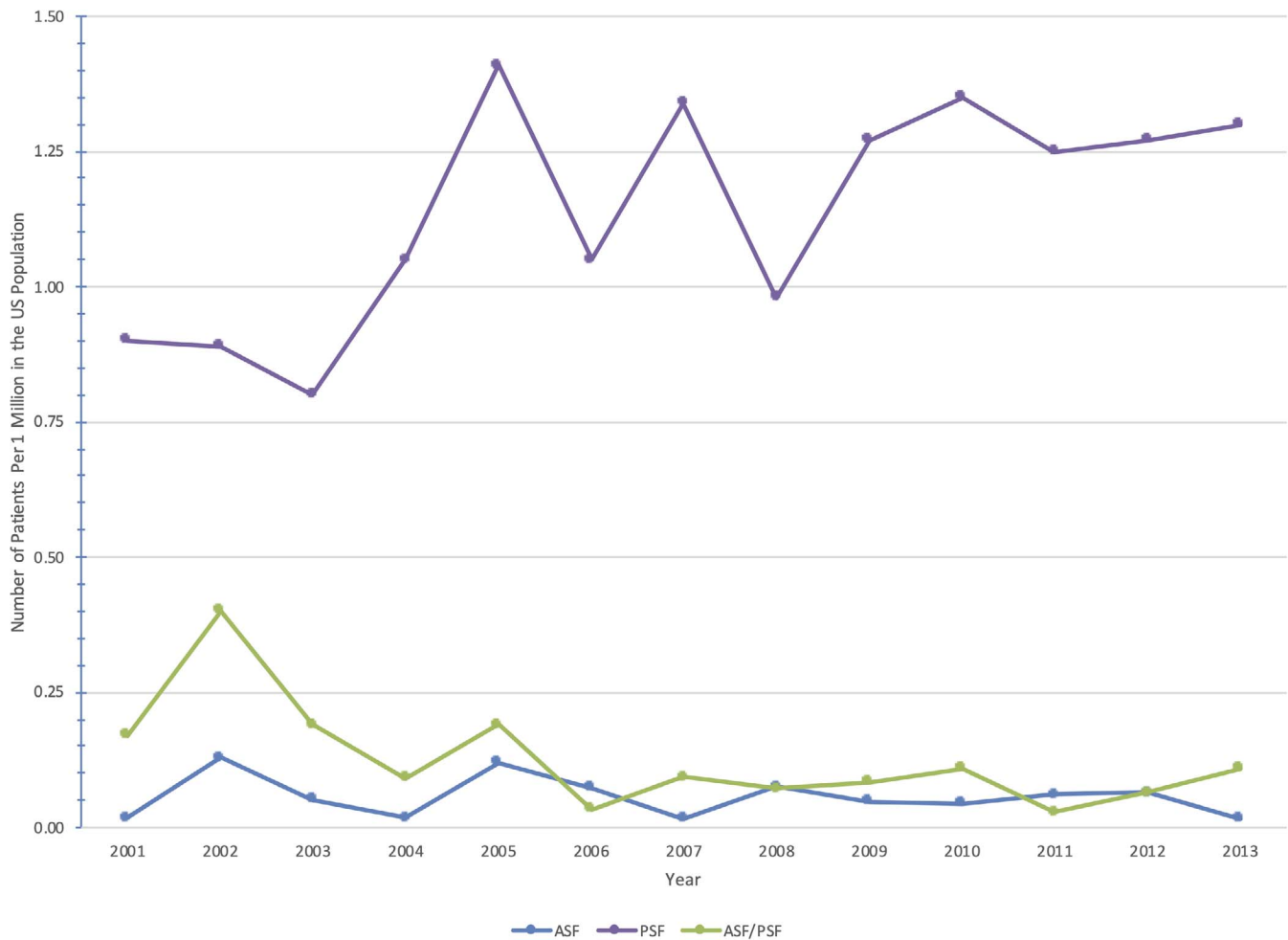


Figure 1. An illustration of the rates of spinal deformity surgery by approach on patients with cerebral palsy per 1 million in the US population, 2001 to 2013.

CI: 1.98-5.94), fluid and electrolyte disorder (OR: 2.59, 95% CI: 1.65-4.08), neurologic disorder (OR: 1.62, 95% CI: 1.15-2.28), and pulmonary circulation disorder (OR: 22.46, 95% CI: 1.09-46.28) were significantly associated with increased risk of postoperative complication (Table 4).

Using multivariable linear regression with logarithmic transformation, combined ASF/PSF ($\beta = 0.18$, 95% CI: 0.03-0.33), in-hospital complication ($\beta = 0.29$, 95% CI: 0.23-0.35), drug abuse ($\beta = 0.60$, 95% CI: 0.37-0.84), lymphoma ($\beta = 0.73$, 95% CI: 0.45-1.01), fluid and electrolyte disorder

Table 2. Comparison of patient and hospital characteristics by surgical approach for spine deformity in the setting of cerebral palsy, 2001 to 2013. Data are percentages presented as mean (SE).

Characteristic	Total, n = 5191	ASF, n = 217	PSF, n = 4490	ASF/PSF, n = 484	P value
Age, <21 years	72.46 (2.14)	42.98 (7.75)	74.47 (2.15)	67.04 (5.64)	<.01
Female	51.90 (1.60)	47.60 (7.31)	52.63 (1.78)	47.02 (5.06)	.51
Race, white	51.85 (2.69)	58.83 (7.15)	50.99 (2.79)	56.69 (5.62)	.37
Comorbidities	2.17 (0.04)	2.28 (0.15)	2.17 (0.04)	2.19 (0.12)	.74
Paralysis	97.52 (0.68)	97.87 (2.12)	97.24 (0.78)	100.00	<.01
Neurological disorders	39.79 (1.56)	33.16 (6.63)	40.87 (1.67)	32.78 (5.22)	.17
Fluid and electrolyte disorders	14.10 (1.10)	4.32 (2.94)	14.13 (1.15)	18.17 (3.79)	<.01
Chronic pulmonary disease	14.15 (1.16)	15.78 (5.39)	14.08 (1.19)	14.07 (3.40)	.95
Iron-deficiency anemias	11.75 (1.14)	13.02 (4.79)	11.79 (1.20)	10.79 (2.99)	.90
Payor, government-Medicare/Medicaid	55.49 (2.11)	56.49 (7.68)	55.35 (2.05)	56.34 (6.83)	.98
Hospital bed-size, large	63.82 (3.18)	56.99 (7.13)	64.00 (3.23)	65.24 (7.12)	.62
Hospital location and teaching, urban teaching	86.44 (1.10)	68.08 (6.66)	87.94 (1.15)	80.82 (4.55)	.01
Hospital region, South	41.44 (3.04)	46.85 (7.26)	41.54 (3.07)	38.04 (7.65)	.70
Hospital control, private	47.31 (2.83)	49.77 (7.59)	48.66 (2.89)	33.65 (6.75)	.08

ASF indicates anterior spinal fusion; PSF, posterior spinal fusion; ASF/PSF, combined ASF and PSF.

Table 3. Comparison of outcomes, including complications, discharge destination, length of stay, and hospitalization costs by surgical approach for spine deformity in the setting of cerebral palsy, 2001 to 2013.

Outcome	Total, n = 5191	ASF, n = 217	PSF, n = 4490	ASF/PSF, n = 484	P value
Complication rate, % (95% CI)					
At least 1 complication	25.73 (22.88-28.81)	16.47 (8.43-29.71)	24.84 (21.94-27.99)	38.19 (30.17-46.90)	<.01
At least 1 pulmonary complication	15.96 (13.73-18.46)	12.21 (5.59-24.61)	15.26 (12.91-17.95)	24.08 (17.40-32.33)	.07
Discharge to home, % (95% CI)	68.12 (64.18-71.82)	71.14 (56.00-82.67)	68.39 (64.19-72.32)	64.24 (55.07-72.47)	.61
Length of stay, mean (95% CI)	7.41 (7.01-7.80)	7.09 (5.14-9.04)	6.96 (6.62-7.30)	11.67 (9.83-13.52)	<.01
Hospitalization charges (adjusted to 2013 dollars), mean (95% CI)	63 605 (59 553-67 657)	55 540 (42 104-68 976)	62 150 (57 976-66 324)	80 373 (67 255-93 492)	.02
Complication details (univariate), % (95% CI)					
At least 1 cardiac complication	1.56 (0.01-0.03)	0.00 (0.00-0.00)	1.71 (0.01-0.03)	0.94 (0.00-0.07)	<.01
At least 1 neurologic complication	0.46 (0.00-0.01)	0.00 (0.00-0.00)	0.44 (0.00-0.01)	0.91 (0.00-0.06)	.14
At least 1 durotomy	0.65 (0.00-0.01)	0.00 (0.00-0.00)	0.64 (0.00-0.01)	1.03 (0.00-0.07)	.02
At least 1 gastrointestinal complication	6.13 (0.05-0.08)	8.14 (0.03-0.20)	5.67 (0.04-0.07)	9.55 (0.05-0.16)	.35
At least 1 renal complication	5.46 (0.04-0.07)	0.00 (0.00-0.00)	5.51 (0.04-0.07)	7.50 (0.04-0.14)	<.01
At least 1 venous thromboembolism complication	0.55 (0.00-0.01)	0.00 (0.00-0.00)	0.33 (0.00-0.01)	2.91 (0.01-0.08)	.04
At least 1 wound complication	1.45 (0.01-0.03)	2.17 (0.00-0.14)	1.27 (0.01-0.02)	2.77 (0.01-0.07)	.44

CI indicates confidence interval; ASF, anterior spinal fusion; PSF, posterior spinal fusion; ASF/PSF, combined ASF and PSF.

($\beta = 0.13$, 95% CI: 0.07-0.19), and neurologic disorder ($\beta = 0.09$, 95% CI: 0.05-0.13) were associated with an increased length of stay (Table 4). In contrast, patients at or above 21 years of age ($\beta = -0.09$, 95% CI: -0.17 to -0.01) or with a “missing” race variable ($\beta = -0.08$, 95% CI: -0.16 to -0.00) had decreased lengths of stay. Variables associated with increased hospitalization charges included: combined ASF/PSF ($\beta = 0.28$, 95% CI: 0.07-0.49), having a complication in the hospital ($\beta = 0.26$, 95% CI: 0.19-0.34), procedures completed between 2006 to 2009 ($\beta = 0.39$, 95% CI: 0.28-0.51) or 2010 to 2013 ($\beta = 0.31$, 95% CI: 0.16-0.47), AIDS ($\beta = 0.45$, 95% CI: 0.15-0.75), chronic blood loss anemia ($\beta = 0.15$, 95% CI: 0.01-0.29), coagulopathy ($\beta = 0.14$, 95% CI: 0.01-0.27), complicated diabetes ($\beta = 0.34$, 95% CI: 0.06-0.62), lymphoma ($\beta = 1.00$, 95% CI: 0.56-1.44), and neurological disorders ($\beta = 0.10$, 95% CI: 0.03-0.16). Factors associated with decreased hospitalization charges included: patients at or above 21 years of age ($\beta = -0.20$, 95% CI: -0.32 to -0.09), transfer from the same/another acute hospital ($\beta = -0.66$, 95% CI: -1.12 to -0.21), hypertension ($\beta = -0.18$, 95% CI: -0.31 to -0.05), and CHF ($\beta = -0.39$, 95% CI: -0.71 to -0.07).

DISCUSSION

This study offers a comprehensive, national representative analysis of different surgical approaches and their effect on outcomes and charges in all patients with CP (instead of only pediatric patients) undergoing spinal deformity correction. This is novel, as a much larger portion of prior

research has focused only on younger patients with CP. We show that only the PSF approach increased significantly per 1 million people in the US population from 2001 to 2013 (0.90-1.30; $P = .048$). Further, our results indicate that although only 9.3% of patients in the study group underwent a combined ASF/PSF, this technique was associated with the longest hospital stays, highest hospital charges, and increased complications. Further, a number of comorbidities and patient characteristics, including neurological disorders, fluid and electrolyte disorders, patient age, and other factors (eg, perioperative complications), are associated with worse outcomes, longer length of stay, or higher charges depending on the surgical approach. Our findings, when taken altogether, suggest that further scrutiny of the preoperative risk stratification, indication for surgery, and optimization of modifiable risk factors may improve clinical and financial outcomes, especially in patients with CP undergoing a combined ASF/PSF.

Overall, we found a national complication rate of 26% for CP patients undergoing spinal fusion surgery for spinal deformity. Despite the broader age range in our study, consistent with these findings is a single-center study of 102 pediatric patients undergoing neuromuscular scoliosis surgery; they reported overall complication rate was 27%.¹⁹ Of note, however, only 26.5% of the patients in this study had CP. Nonetheless, it is plausible that patient outcomes across surgical intervention for neuromuscular scoliosis act similarly across diagnoses. Indeed, another study by Master et al²⁰ analyzed 131 consecutive patients with neuromuscular scoliosis (majority had CP

Table 4. Multivariate analyses for complications, length of stay, and cost per stay in adult patients undergoing surgery for spine deformity in the setting of cerebral palsy

	Complications, Odds Ratio (95% CI)	Length of Stay, β Estimate, Log-Transformed (95% CI)	Charges Per Stay (2013 Adjusted USD), β Estimate, Log-Transformed (95% CI)
Constant	0.04 (0.00-0.42) ^b	1.74 (1.43-2.06) ^c	10.58 (10.07-11.09) ^c
Surgical approach			
Anterior spinal fusion	Ref	Ref	Ref
Posterior spinal fusion	1.43 (0.55-3.72)	-0.04 (-0.16 to 0.09)	0.04 (-0.15 to 0.24)
Combined approaches	2.85 (1.01-8.03) ^a	0.18 (0.03-0.33) ^a	0.28 (0.07-0.49) ^b
Complications			
No	Ref	Ref	Ref
Yes		0.29 (0.23-0.35) ^c	0.26 (0.19-0.34) ^c
Age			
<21 years	Ref	Ref	Ref
≥21 years	0.96 (0.59-1.58)	-0.09 (-0.17 to -0.01) ^a	-0.20 (-0.32 to -0.09) ^c
Sex			
Male	Ref	Ref	Ref
Female	1.08 (0.78-1.50)	0.03 (-0.02 to 0.07)	-0.05 (-0.11 to 0.02)
Race			
Nonwhite	Ref	Ref	Ref
White	0.94 (0.64-1.38)	-0.05 (-0.11 to 0.01)	-0.09 (-0.19 to 0.01)
Missing	1.21 (0.70-2.10)	-0.08 (-0.16 to 0.00) ^a	-0.13 (-0.28 to 0.02)
Primary payor			
Government-Medicare/Medicaid	Ref	Ref	Ref
Private	0.97 (0.70-1.34)	-0.01 (-0.06 to 0.04)	0.05 (-0.02 to 0.12)
Self-pay, no charge, other	0.71 (0.30-1.65)	-0.06 (-0.20 to 0.08)	-0.18 (-0.37 to 0.02)
Year			
2001 to 2005	Ref	Ref	Ref
2006 to 2009	0.73 (0.42-1.26)	-0.03 (-0.10 to 0.04)	0.39 (0.28-0.51) ^c
2010 to 2013	0.66 (0.34-1.28)	-0.07 (-0.17 to 0.02)	0.31 (0.16-0.47) ^c
Admission source			
Not a transfer (Routine/emergency room)	Ref	Ref	Ref
Transfer from same/another acute hospital	3.21 (0.11-97.65)	0 (-0.58 to 0.58)	-0.66 (-1.12 to -0.21) ^b
Transfer from another healthcare facility	1.63 (0.29-9.20)	-0.55 (-1.14 to 0.04)	-0.12 (-0.52 to 0.28)
Elixhauser's comorbidity algorithm			
AIDS	1.00 (1.00-1.00)	0.20 (-0.46 to 0.87)	0.45 (0.15-0.75) ^b
Alcohol abuse	4.53 (0.46-44.36)	0.12 (-0.19 to 0.44)	-0.21 (-0.78 to 0.36)
Deficiency anemias	1.61 (1.01-2.59) ^a	0.02 (-0.05 to 0.08)	-0.04 (-0.15 to 0.07)
Rheumatoid arthritis/collagen vascular diseases	1.01 (0.11-9.25)	0.16 (-0.06 to 0.38)	0.13 (-0.24 to 0.49)
Chronic blood loss anemia	2.93 (0.80-10.71)	0.08 (-0.08 to 0.25)	0.15 (0.01-0.29) ^a
Congestive heart failure	1.00 (1.00-1.00)	0.16 (-0.17 to 0.49)	-0.39 (-0.71 to -0.07) ^a
Chronic pulmonary disease	1.15 (0.75-1.76)	-0.01 (-0.07 to 0.05)	0.00 (-0.11 to 0.10)
Coagulopathy	3.43 (1.98-5.94) ^c	0.09 (0.00-0.18)	0.14 (0.01-0.27) ^a
Depression	1.05 (0.38-2.88)	-0.11 (-0.24 to 0.02)	0.01 (-0.22 to 0.23)
Diabetes, uncomplicated	2.22 (0.81-6.12)	-0.06 (-0.19 to 0.08)	-0.26 (-0.52 to 0.01)
Diabetes, complicated		0.37 (-0.13 to 0.86)	0.34 (0.06-0.62) ^a
Drug abuse		0.60 (0.37-0.84) ^c	0.29 (-0.06 to 0.64)
Hypertension	0.54 (0.28-1.06)	-0.02 (-0.11 to 0.06)	-0.18 (-0.31 to -0.05) ^b
Hypothyroidism	1.03 (0.39-2.72)	0.06 (-0.05 to 0.18)	0.09 (-0.09 to 0.26)
Liver disease	1.41 (0.14-14.12)	0.02 (-0.24 to 0.28)	-0.01 (-0.64 to 0.62)
Lymphoma		0.73 (0.45-1.01) ^c	1.00 (0.56-1.44) ^c
Fluid and electrolyte disorders	2.59 (1.65-4.08) ^c	0.13 (0.07-0.19) ^c	0.06 (-0.04 to 0.16)
Neurological disorders	1.62 (1.15-2.28) ^b	0.09 (0.05-0.13) ^c	0.10 (0.03-0.16) ^b
Obesity	0.89 (0.24-3.31)	0.09 (-0.07 to 0.25)	0.07 (-0.17 to 0.31)
Paralysis	0.82 (0.33-2.00)	-0.07 (-0.18 to 0.04)	-0.16 (-0.34 to 0.01)
Peripheral vascular disorders		0.02 (-0.18 to 0.21)	-0.05 (-0.89 to 0.79)
Psychoses		-0.04 (-0.22 to 0.14)	-0.06 (-0.30 to 0.18)
Pulmonary circulation disorders	22.46 (1.09-46.28) ^a	0.14 (-0.06 to 0.34)	-0.11 (-0.52 to 0.30)
Renal failure	0.98 (0.11-8.98)	-0.20 (-0.48 to 0.08)	0.01 (-0.22 to 0.25)
Valvular disease	0.74 (0.18-3.05)	-0.01 (-0.17 to 0.15)	0.29 (-0.01 to 0.59)
Weight loss	1.95 (0.61-6.26)	0.07 (-0.11 to 0.26)	0.08 (-0.16 to 0.32)
Hospital bed strength			
Small	Ref	Ref	Ref
Medium	1.19 (0.65-2.18)	0.06 (-0.07 to 0.18)	0.00 (-0.17 to 0.18)
Large	1.3 (0.77-2.20)	0.07 (-0.05 to 0.19)	-0.03 (-0.17 to 0.11)
Hospital ownership			
Government	Ref	Ref	Ref
Private	1.23 (0.57-2.65)	0.07 (-0.02 to 0.16)	0.05 (-0.12 to 0.21)
Mixed	0.64 (0.27-1.55)	0.1 (-0.01 to 0.21)	-0.04 (-0.24 to 0.16)

Table 4. Continued.

	Complications, Odds Ratio (95% CI)	Length of Stay, β Estimate, Log-Transformed (95% CI)	Charges Per Stay (2013 Adjusted USD), β Estimate, Log-Transformed (95% CI)
Hospital location and teaching status			
Rural	Ref	Ref	Ref
Urban, nonteaching	3.66 (0.72-18.74)	0.00 (−0.20 to 0.20)	0.13 (−0.23 to 0.49)
Urban, teaching	4.64 (0.92-23.44)	0.09 (−0.11 to 0.28)	0.2 (−0.15 to 0.55)
Hospital region			
Northeast	Ref	Ref	Ref
Midwest	0.95 (0.48-1.87)	0.06 (−0.04 to 0.16)	−0.06 (−0.21 to 0.09)
South	0.87 (0.50-1.49)	0.01 (−0.08 to 0.10)	−0.04 (−0.19 to 0.11)
West	1.05 (0.56-1.97)	0.06 (−0.04 to 0.16)	0.09 (−0.09 to 0.28)

Ref indicates reference.

^a $P < .05$.^b $P < .01$.^c $P < .001$.

[57%]) at a single institution and found a similar rate of complications at 28%. While consistent, this complication rate is quite high and warrants further exploration. It is possible that improved risk factor modification and/or optimization may benefit such patients undergoing surgical intervention.

In our analysis, we found that CP patients with pulmonary circulation disorders, as defined by NIS, had the largest increased odds of having a complication (OR: 7.39, 95% CI: 1.27–43.03, $P < .05$). Prior work in patients with neuromuscular scoliosis undergoing surgery also suggested an association between pulmonary comorbidities and complication rates.¹⁹ Within the CP patient literature, a small study of 19 cases suggested that respiratory complications are very common,²¹ and within the neuromuscular scoliosis literature in general, respiratory complications have also been shown to be one of the most common complications.²² These reports are consistent with our findings of increased risk of complication in patients with CP and underlying pulmonary disorders. Thorough evaluation of preoperative pulmonary comorbidities may prove valuable in reducing the outcomes and complications associated with spinal fusion surgery in patients with CP. Indeed, involving a pulmonologist preoperatively may also be beneficial in trying to reduce postoperative issues.

In our study, numerous comorbidities were independently associated with an increased risk of complications. Prior research has demonstrated that CP patients with more than 2 comorbidities are at an increased risk of complications.²¹ Further, we found that those CP patients undergoing combined ASF/PSF had a higher risk of complications as reported by Bendon et al.²¹ Additionally, combined

ASF/PSF was also independently associated with increased length of stay and charges. These outcomes are likely intertwined, as patients who remain in the hospital longer likely have higher charges for treatment. However, it is important to note that our study population is a niche that is challenging to treat; thus, the decreasing length of stay of all spine fusions may not be consistent with our sample. Nonetheless, for those CP patients in whom surgeons feel a combined ASF/PSF is the best approach, further presurgical planning may be warranted to reduce complications and length of stay, while also providing higher quality of care. The use of a team approach with other specialists may be advantageous in ensuring patients are as prepared for surgery as possible; this will hopefully lead to improved clinical outcomes postoperatively.

This study must be evaluated with the limitations of our work taken into account. Our analyses rely on the accuracy and completeness of the NIS, an administrative database. Prior research comparing NIS with another large database—the American College of Surgeons' National Surgical Quality Improvement Program (ACS NSQIP)—showed that NIS has a higher complication rates.²³ Additional work specifically in orthopedic surgery has also found differences between a number of large databases.²⁴ While no database is perfect, we feel that the use of NIS, based on its design, is more representative of the entire country compared with ACS NSQIP; thus, NIS is an appropriate starting point to get an overarching view of the surgical trends, complications, and charges. Nonetheless, readers should be aware that there are differences between many of the large databases used for similar analyses. In addition, given the nature of

the NIS database, the severity of CP cannot be captured, and further treatments patients may have received for their CP also cannot be accounted for in the analyses. In addition, specific patient characteristics related directly to the spine (eg, severity of spinal curvature) is not available in NIS. Nevertheless, we feel this work is a valuable step in better understanding overall surgical spine fusion trends, postoperative complications, length of stay, and charges in this niche patient population across all age ranges. Future work can address whether more specific CP interventions or patient characteristics uncaptured in NIS alter surgical outcomes. Lastly, the database is not granular enough to differentiate the type of instrumentation used for PSF. There is an argument to be made to avoid all pedicle screw instrumentation and use lower profile or inexpensive sublaminar wires or bands, or hybrid constructs of screws, hooks, and sublaminar wires in the setting of neuromuscular scoliosis as seen in CP.^{25–27}

Currently, there is a scarcity of literature analyzing the surgical spine care for patients with CP and spinal deformity. This nationwide analysis provides previously unreported insight into surgical trends, as well as complication rates, length of stay, and charges of this patient population. By better understanding the surgical approaches and patient comorbidities associated with increased complications, increased length of stay, and charges, preoperative risk stratification through risk factor optimization and patient selection may decrease negative outcomes. Confirmation of our findings with a prospective, multi-center study would further add value to the literature.

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